

FAMILY/WHANAU CARERS COURSE, FREE



24TH FEBRUARY 2016

What? Negotiating What I Want

**Where? Southland Community House,
46 Kelvin St, Invercargill
9.30pm – 2.30pm
(lunch provided)**

The workshop will cover information about caring for a person/adult with a disability as well as opportunities for discussion and questions.

Session content will be guided by the group, but is likely to involve topics such as:

- What is a good life? For me and for my family member?
- Enabling Good Lives principals
- Navigating 'the system'
- Negotiating what I want
- Conflict Strategies
- Where to from here?

Please contact MaryAnn Hughes if you wish to attend. **YOU MUST REGISTER TO ATTEND.** There are only 20 places for this workshop.

**Family/Whanau
Carers Workshop**

**Are you caring for
a young
person/adult with
a disability?**

**Would you like
some clarity
within the
disability sector?**

**Facilitated with
some light humour
by facilitators who
'walk the walk'**

PARENT TO PARENT
www.parent2parent.org.nz

MaryAnn Hughes

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Contact above to register.